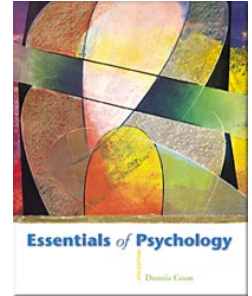


PSYCHOLOGY 200

UNDERSTANDING HUMAN BEHAVIOR

Professor: Jerome Hammond, Ph.D.; 614-8310; jhammond@leeuniversity.edu
Lead Psych Assistant: Mrs. Lena Barber; lbarber@leeuniversity.edu
Meeting Time: 9:10 - 10:25 Tuesday & Thursday
Text: *Essentials of Psychology* (9th edition). Dennis Coon. Wadsworth (2003).



CATALOG DESCRIPTION

This course is designed to introduce the general student to the major topics and themes of psychology. A focus will be given to applying psychological principles to help students better understand themselves and others. Topics covered include biological influences on behavior, learning and memory, abnormal psychology, human development, and personality. **THREE HOURS CREDIT.**

I. PURPOSE STATEMENT

This course is designed to provide students with a biblically-based foundation for understanding human behavior and to help students meet the various challenges of contemporary life. The course deals with adjustments on two levels—the level of personal, individual growth and the level of how to function effectively in society.

II. INSTITUTIONAL STATEMENT OF MISSION

Lee University is a coeducational Christian college whose basic purpose is to provide, in a Christian environment, learning experiences designed to develop within its students the knowledge, appreciation, understanding, ability, and skill which will prepare them for responsible living in the modern world. A personal commitment to Jesus Christ as Lord and Savior is the controlling perspective from which the educational enterprise is undertaken. Education in this environment and from this perspective is viewed as an integration of truth as revealed in the Holy Scriptures and truth as investigated and discovered in the Arts and Sciences.

III. COURSE CALENDAR

This class will meet 150 minutes per week during the semester.

IV. OBJECTIVES OF THE COURSE

A. General Instructional Objectives

This course seeks to:

1. Help students integrate a biblically-based Christian world view with a behavioral/social scientific perspective of the human behavior.
2. Explore various challenges of life and encourage development as unique individuals.
3. Take a comprehensive look at stress and health-influencing behaviors.
4. Explore psychological problems and strategies for coping.
5. Cover social and familial relationships (socialization, gender roles, family dynamics, and enhancement of relationships).
6. Expose student to ministry opportunities available through various community services.

B. Specific Behavioral Objectives:

As a result of the activities and study in this course, the student should be able to do the following:

1. Discuss how a Christian world view relates to behavioral/social scientific perspectives of human behavior.
2. Define psychology and how this field relates to human growth and adjustment.
3. Describe the nature of the healthy personality.
4. Explain the relationship between social and cultural values and the individual's adjustment.
5. Demonstrate knowledge of how the brain works and how biology influences behavior.
6. Discuss major approaches to understanding human personality and behavior.

7. Apply theories of social perceptions to his/her daily life.
8. Demonstrate an understanding of how people influence each other=s behavior in areas ranging from sales resistance to mob behavior.
9. Describe the sources of stress and ways to cope with its effects.
10. Demonstrate an understanding of health related disorders such as obesity, anorexia nervosa, bulimia, insomnia, and chemical dependence.
11. Describe the primary types of psychological disorders, such as adjustment disorders, anxiety disorders, dissociative disorders, mood disorders, and personality disorders.
12. Discuss the major forms of psychotherapy.
13. Explain how one can develop psychological hardiness and manage the emotions of fear and anger.
14. Discuss gender roles and differences.
15. Demonstrate a basic understanding of relationshipsXhow they develop and ways of enhancing them.
16. Outline the stages of physical, cognitive, and social development and transitions of adulthood.
17. Discuss reasons for working, job satisfaction, and adjustment in the workplace.
18. List several opportunities for community involvement in the Cleveland area.

V. TOPICS TO BE COVERED

- A. Understanding People
- B. Individual Differences
- C. Cultural Differences
- D. How Our Brains and Bodies Work Together
- E. Psychological Factors and Physical Health
- F. Stress: Sources and Coping Strategies
- G. How We Think and Learn
- H. Psychological Disorders
- I. Psychotherapies
- J. Gender Roles and Gender Differences
- K. Interpersonal Attraction
- L. Human Development
- M. Theories of Personality
- N. The Challenge of the Workplace
- O. Adult Life in a Changing World

VI. INSTRUCTIONAL PROCEDURES

- A. Lecture
- B. Review of Text
- C. Video
- D. Study Sessions

VII. COURSE ASSIGNMENTS

- A. Attend Class
- B. Read All Assignments

VIII. EVALUATION

- A. Four Exams
 1. EXAM POLICY:
 - a. All exams are given in Scantron© format. Students should bring at least one pencil to class on exam day.
 - b. No hats are permitted in class on exam day.
 - c. When the first exam is handed in and the student leaves the room, no other students will be permitted to enter the room to take an exam (see section IX: Make-Up Exams). There are no exceptions to this policy.
 - d. Academic integrity is strictly enforced. Any student discovered engaging in academic dishonesty (either on an exam or in regards to attendance) will fail the course and will be escorted to the office of the Dean where s/he will be recommended for immediate expulsion from the university.
 - e. All exam scores, as well as attendance scores, will be returned to students at the beginning of the subsequent class period. If your exam score is missing, it is your responsibility to notify either your psychology assistant or Lena Barber **before the next exam**. **Warning**- failure to do this could result in a referral to the make-up policy as explained in section IX.

- B. Attendance points given — 4 points each session
1. Attendance Policy
 - a. The aggregate attendance points will count as a major-exam grade.
 - b. Students should collect one attendance slip at the beginning of each attended class period from the box office before entering classroom.
 - c. Students should hand in one attendance slip at the end of attended class period. If a student hands in more than one slip to a psych assistant, both/all slips will be discarded for that day.
 - d. Students must turn in an attendance slip in order to receive credit for a class period.
 - e. Students are responsible for communicating with their psych assistant to make sure that their attendance record is accurate (see Exam Policy subsection e).
 - f. There are no excused absences. There is no exception to this policy.
 - g. Blank attendance slips will be gathered from the box office from 9:00-9:25 am during each period. No slips will be given out after this time.
 - h. Students will not be permitted to enter the lecture hall after 9:25.

C. Scale:

90 – 100	---A
88 - 89	---B+
83- 87	---B
80- 82	---B-
78 - 79	---C+
73- 77	---C
70- 72	---C-
68- 69	---D+
63 - 67	---D
60- 62	---D-
Below 60	---F

D. MAKE-UP EXAMS

1. In the event that a student misses an exam s/he will be permitted to take the make-up exam on **Saturday, April 22, 2006 at 8:00 am** in the Dixon Center Auditorium. **THIS IS THE ONLY OPPORTUNITY TO MAKE UP AN EXAM.**
2. Make-up exams will be in the same format as the standard exams.
3. Make-up exams will differ from standard exams in that in addition to relevant lecture material, students will be responsible for **entire pertinent chapters** rather than simply the highlighted portions of pertinent chapters.
4. Students cannot make up the fourth (and final) exam.
5. In the event that a student experiences a personal, individual injury or illness that renders him/her physically unable to take a regularly scheduled exam s/he will be permitted **to reschedule the exam.**
 - a. This is the only reason for which an exam may be rescheduled. All other vicissitudes will warrant a make-up exam.
 - b. Students should present evidence of said injury or illness in order to reschedule an exam.
 - c. Students must take a rescheduled exam within 7 calendar days of the standard exam.
 - d. All rescheduled exams will be **essay** in format.
 - e. Please note that travel conflicts do not justify rescheduling an exam.
 - f. If you are taking a school sponsored trip during an exam, speak to Lena Barber about it at least a week prior to the exam.

IX. LEE UNIVERSITY STATEMENT OF DISABILITIES

Lee University is committed to the provision of reasonable accommodations for students with disabilities, as defined in Section 504 of the Rehabilitation Act of 1973. If you think you may qualify for these accommodations, notify your instructor immediately. You may also contact the Office of Academic Support Programs (614-8181) with questions about special services.